

# Gift of \$100,000 to Break The Silence

## *Donation Fuels Continuation of Mental Health Education*

“Breaking the Silence” is not an easy task, but the progress being made will continue thanks to a gift from **Marla Kosec** to support the “Breaking the Silence” project of the Palm Beach Action Alliance For Mental Health administered by Boca Raton’s Promise. The promise is to keep people talking and learning about mental health by stimulating conversations in schools, workplaces, and faith communities.



Above Left: **Abbey Strauss, MD**, and **Marla Kosec**. Above Right: Gathering at home of Marla Kosec.

Kosec recently hosted an event at her West Palm Beach home, where she presented her gift to Abbey Strauss, MD, a member of Boca Raton’s Promise and President of the Florida Psychiatric Association. Attending were members of Boca Raton’s Promise, the Action Alliance and other mental health advocates.

Kosec, a long-time donor to Boca Raton’s Promise, provided the gift in honor of the late Lord and Lady Anthony Jacobs, long time benefactors of the Breaking The Silence initiative. The Jacobs’ provided \$410,000 from 2008 to 2014 to fund mental health education and awareness projects in Palm Beach County. This support made it possible for the Action Alliance to introduce “Breaking the Silence” curriculum at five elementary schools, produce the Lovewell musical “Weight of Words” at five high schools, expand after-school FRIENDS clubs in middle schools, and help provide Mental Health First Aid training to 1,000 adults in Palm Beach County.

The new infusion of funds will assist Action Alliance members with new priorities including mental health legislation and needs of the Lesbian, Gay, Bi-Sexual, Transgender and Questioning citizens. For more information, visit: [www.bocaratonspromise.org](http://www.bocaratonspromise.org) and [www.facebook.com/bocaratonspromise](https://www.facebook.com/bocaratonspromise).