

Conversation on Depression in Boca Raton



On Sunday, July 17th, a group of about 60 parents, students, caregivers, and caring community members gathered with local mental health professionals to have an informed Conversation on Understanding and Communicating about Depression. This event at the Dawson Theater, Boca Raton Regional Hospital, featured a passionately moderated discussion, several mental health film previews, and was hosted by the BOCA BRAVE Women of Boca Raton's Promise. See a few pictures below and stay engaged at www.BocaRatonsPromise.org.





BocaRatonsPromise.org



"Break The Silence" For Mental Health



A Community Focus on DEPRESSION

Learning How to Support Family & Friends

Open to the Public - Free Admission

Sunday, July 17, 2016

3 PM

Dawson Theater

Education Center

Boca Raton

Regional Hospital

800 Meadows Road,
Boca Raton, FL 33486

Questions and Answers on
Fostering Healthy
Communication

Registration Not Required
For information – 561-866-1850

Hosted by ...

BOCA BRAVE Women

Boca Raton's Promise acknowledges the valued support of the Boca Raton Regional Hospital and its Foundation in addressing community mental health.

Discussion Leaders

Dr. Abbey Strauss

President, FL Psychiatric Society

Dr. Holly Katz

Clinical Director, Faulk Center
for Counseling

Kim Mazauskas

Specialist, School District of PBC

Upcoming Trainings Mental Health First Aid

August 30th - 8:30 AM - 5:00 PM - Adults
Education Center, Boca Raton Regional Hospital

September 29th - 8:30 AM - 5:00 PM – Adults
Education Center, Boca Raton Regional Hospital

For information: info@bocaratonspromise.org
www.bocaratonspromise.org



DEPRESSION

July 17, 2016

Boca Raton Regional Hospital,
Education Center, Dawson Theater

3:00 Welcome Kim Dillon, Director of Safety, Boca Raton Regional Hospital
Introductions Rita Thrasher, President/CEO, Boca Raton's Promise
I AM 1 - Brave Women Breaking the Silence
Cristina Lerner, Producer, Information Television Network
Brave Youth Interns "I Promise", Film #1

"It's Time To Talk "

Moderator Dr. Seth Bernstein, Vice President, Boca Raton's Promise
"I Had A Black Dog – a short film

- Dr. Abbey Strauss, President, Florida Psychiatric Society
"Mental Health and Mental Illness?"
- Dr. Holly Katz, Clinical Director, Faulk Center for Counseling
"From My Perspective "
- Kim Mazauskas, Specialist, School District of Palm Beach County
"Schools Can't Do It Alone"

Observations From The Hosts - Boca Brave Women

Dr. Beth King, FAU, Christine E. Lynn College of Nursing
Maria Kovachev, Parent Caregiver
Ro Rabozzi, NAMI, Support Group Leader

"A Community Responds"

Bonnie S. Kaye, Kaye Communications, Inc.
Ed Frontera, Trainer, Mental Health First Aid

5:00 Adjourn - Reception

For Information & Video Links Visit: www.BocaRatonsPromise.org