

Mental Health Conversations filled the air in Mizner Park Amphitheater during the CBS12 Health & Wellness Experience. Boca Raton's Promise wants to say THANKS to everyone who participated and planned together to make this such a success. An amazing collaboration of Boca Brave partners and Action Alliance members. Just a few pictures, more on facebook.







Excerpt, Council Corner Newsletter from Scott Singer



Mental Health and Wellness: Last weekend, Mizner Amphitheater attracted thousands for the CBS12 Health & Wellness Expo. It was a pleasure speaking with so many organizations who work to better our community. Pictured here are reps and volunteers from Boca Raton's Promise, whose #BocaBrave campaign encourages schools, companies, and residents to talk openly about mental health issues, which can improve so many lives. Thank you all!