

Mental Health First Aid (MHFA) reduces the overall stigma associated with mental illness, by improving mental health literacy.

Alpert Jewish Family & Children's Service (AJFCS) will receive funding from Boca Raton's Promise, the Bearman Foundation and Palm Healthcare Foundation to continue, expand and coordinate MHFA in PBC. New AJFCS - MHFA county coordinator, Cindy Wides, is enthusiastic to move forward. Watch your email for new training dates. For information contact: CWides@jfcsonline.com

Two orientations on MHFA were provided by Ed Frontera, one for the FAU College of Nursing and the other, for the staff of the Mental Health Association of SE Florida.

To date, nearly 350,000 people have been trained in Mental Health First Aid in America.



Youth MHFA training took place for 30 School Police officers on July 15th at the Safe Schools Institute in Boca Raton. Boca Raton's Promise provided trainer, Ed Frontera, and Hanley Center Foundation provided trainer, Jan Cairnes. Special thanks go to Dr. Seth Bernstein and Dr. Elaine Rotenberg who were both instrumental in bringing parties together and making this training such a success. Alpert Jewish Family & Children's Service also provided a wonderful breakfast and lunch for the group.

